



## 10 Fabulously Festive, Healthier Holiday Cocktails



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'Tis the season to spread the "Cheers!" While many yuletide adult beverages are packed with sugar, fat and calories, they aren't the only option—and neither is waking up the next day feeling guilty about compromising your diet. From spiced cider made with zero-calorie sparkling water to 100 percent homemade vegan eggnog, LivingHealthy has sourced 10 wonderful winter cocktail recipes to get you singing "fa-la-la-la" this holiday season.



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### LaCroix Spiced Cider

This **spicy holiday drink** is the perfect crowd pleaser, and you can serve this sparkling cider to your entire party since it can also be made into a mocktail.

**Key ingredients:** LaCroix Cúrate Pomme Bayá, Lime LaCroix Sparkling Water, splash of apple cider, tequila (optional).

**Why you won't feel guilty:** Made with 100 percent natural sparkling water, this drink contains almost no calories but still packs a punch.

Photo: Courtesy LaCroix