

LAS CRUCES SUN-NEWS

LAS CRUCES BUSINESS

The Greenhaus offers healthy, high quality food

Food truck offers healthy sandwiches and sides

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Jaime Guzman for the Sun-News Owner Ana Ordaz of The Greenhaus Food Truck works in her mobile catering unit which serves regular lunch customers and special events as well as catering.

LAS CRUCES >> The Greenhaus, a local food truck that sets up shop at various locations, festivals and events around town, offers a healthy spin on sandwiches, burgers and sides.

Ana Ordaz, 27, opened the Greenhaus in February this year to fulfill her dream of owning a restaurant and to cater to people looking to eat healthier or looking for vegan, vegetarian or gluten-free options.

"I like eating healthy," Ordaz said. "I like the way it makes me feel and I think my customers like that too. They tell me when they eat here, 'I don't feel like I'm about to pass out when I go back to work.' You feel full but you feel good."

Ordaz said she makes everything from scratch, using high quality ingredients like grass-fed beef, organic greens and locally made whole wheat bread. Ordaz said her most popular item on the menu is the Haus Burger, made with grass-fed beef and topped with bacon, tomato, arugula, spinach, a homemade green chile aioli and swiss cheese on a whole wheat bun. Ordaz said she can also make a grilled veggie sandwich or black bean burger, depending on what kind of ingredients she is able to find at the market.

Ordaz recently added cheesy fries to the menu, which quickly became a customer favorite and will be offered regularly, she said.

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Beverages offered at The Greenhaus include La Croix, San Pellegrino, coconut water, juice, bottled water and Ordaz's home brewed hibiscus tea and green tea, she said.

Ordaz said she pulls inspiration for her menu items by keeping up with what's popular in the culinary world.

"I have a subscription to Food & Wine and Bon Apétit," she said. "I like to look at those to look at trends throughout the country."

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Read more here: http://archive.lcsun-news.com/las_crucis-business/ci_28829232/greenhaus-offers-healthy-high-quality-food