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HOW TO HAVE A HEALTHY RELATIONSHIP



THE EPIC LIVING PODCAST WITH IIM SIMCOE
How to have a healthy relationship



In this podcast I interview two of my good friends, Cookie and Daveed about how they created and maintain their healthy relationship. I have always been struck by how vibrant and positive they both are and how happy they always seem in their relationship.

So I got them on the show and asked them a ton of questions about their relationship, including:

- What do you love most about the other person?
- How do they support you?
- What advice would you give to someone in a new relationship?
- What advice would you give to someone dating?
- What are the 3 keys to a strong relationship?

I also had them do a rapid-fire quiz about each other that turned out to be pretty funny and insightful.

And much love to La Croix seltzer water which I drink every day and what we all drank during the recording. Love that stuff...

Listen and read more here: <https://jimsimcoe.com/how-to-have-a-healthy-relationship/>